

# RESOURCES

## Global guidance

WHO & UNICEF (2003). *Global Strategy for Infant and Young Child Feeding*. Geneva: World Health Organization and United Nations Children's Fund. [www.who.int/nutrition/publications/infantfeeding/9241562218/en/](http://www.who.int/nutrition/publications/infantfeeding/9241562218/en/)

PAHO/WHO (2003). *Guiding Principles for the Complementary Feeding of Breastfed Children*. Washington, DC: Pan American Health Organization, World Health Organization. [www.who.int/maternal\\_child\\_adolescent/documents/a85622/en/](http://www.who.int/maternal_child_adolescent/documents/a85622/en/)

WHO (2005). *Guiding Principles for Feeding Non-Breastfed Children 6–24 Months of Age*. Geneva: World Health Organization. [www.who.int/maternal\\_child\\_adolescent/documents/9241593431/en/](http://www.who.int/maternal_child_adolescent/documents/9241593431/en/)

WHO (2016). *Guidance on Ending the Inappropriate Promotion of Foods for Infants and Young Children: Implementation Manual*. Geneva: World Health Organization. [www.who.int/nutrition/publications/infantfeeding/manual-ending-inappropriatepromotion-food/en/](http://www.who.int/nutrition/publications/infantfeeding/manual-ending-inappropriatepromotion-food/en/)

UNICEF (2020). *Improving Young Children's Diets During the Complementary Feeding Period*. UNICEF Programming Guidance. New York: United Nations Children's Fund [musercontent.com/fb1d9aabd6c823bef179830e9/files/12900ea7-e695-4822-9cf9-857f99d82b6aUNICEF\\_Programming\\_Guidance\\_Complementary\\_Feeding\\_2020\\_Portrait\\_FINAL.pdf](https://musercontent.com/fb1d9aabd6c823bef179830e9/files/12900ea7-e695-4822-9cf9-857f99d82b6aUNICEF_Programming_Guidance_Complementary_Feeding_2020_Portrait_FINAL.pdf)

WHO (2002). *WHO Global Strategy for Food Safety: Safer Food for Better Health*. Geneva: World Health Organization. [apps.who.int/iris/handle/10665/42559](http://apps.who.int/iris/handle/10665/42559)

## Global standards

FAO & WHO (2015). *Advisory Lists of Nutrient Compounds for Use in Foods for Special Dietary Uses intended for Infants and Young Children*. Rome: Food and Agriculture Organization of the United Nations and World Health Organization. Available online [here](#)

FAO & WHO (2017). *Guidelines on Formulated Complementary Foods for Older Infants and Young Children*. Rome: Food and Agriculture Organization of the United Nations and World Health Organization. Available online [here](#)

FAO & WHO (2019). *Standard for Processed Cereal-Based Foods for Infants and Young Children*. Rome: Food and Agriculture Organization of the United Nations and World Health Organization. Available online [here](#)

## Programme tools

*UNICEF First Foods for Young Children – Video Series on Complementary Feeding*

This contains two very useful video series for training frontline workers and for interacting with mothers and caregivers. They are available here:

- Videos for mothers and caregivers:  
• [www.unicef.org/nutrition/102823\\_102859.html](http://www.unicef.org/nutrition/102823_102859.html)
- Videos for frontline workers:  
• [www.unicef.org/nutrition/102823\\_102862.html](http://www.unicef.org/nutrition/102823_102862.html)



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## Community based infant and young child feeding resources

Developed in 2013, this infant and young child feeding (IYCF) counselling package includes a useful IYCF digital image bank on counselling topics related to nutrition, hygiene and health; and in particular contains counselling materials from Nepal and India [www.unicef.org/nutrition/index\\_58362.html](http://www.unicef.org/nutrition/index_58362.html)

## Regional reports

*Stop Stunting/Improving Young Children's Diets in South Asia regional conference report (2019)*. Available online [here](#)

Held in Kathmandu, Nepal on 17-19 September 2019, this conference brought together the member states of the South Asian Association for Regional Cooperation (SAARC) to discuss and agree on actions to accelerate improvements in the diets and feeding practices of young children in South Asia. This issue of NEX was developed as a follow-up to this conference in order to explore country approaches to complementary feeding in more detail.

## Published literatures

*Maternal and Child Nutrition (2017) Special Issue: First Foods: Improving Diets in Early Childhood* Volume 13, Issue S2

[onlinelibrary.wiley.com/toc/17408709/2017/13/S2](http://onlinelibrary.wiley.com/toc/17408709/2017/13/S2)

This publication provides a series of informative papers covering many aspects of complementary feeding, with a particular focus on the South Asia region. These include: why improving the diets of young children is so important; global and regional estimates of feeding practices; issues around consumption of commercially produced snack foods and sugar-sweetened beverages in urban Asia; an analysis of complementary feeding practices in South Asia; and a look at the evidence for harnessing private-sector expertise to improve complementary feeding.

## COVID-19 resources

*Joint UN Statement on nutrition and COVID-19 in Asia and the Pacific*.

[www.unicef.org/rosa/press-releases/joint-statement-nutrition-context-covid-19-pandemic-asia-and-pacific](http://www.unicef.org/rosa/press-releases/joint-statement-nutrition-context-covid-19-pandemic-asia-and-pacific)

*Infant and young child feeding in the context of COVID-19*

[www.unicef.org/media/68281/file/IYCF-Programming-COVID19-Brief.pdf](http://www.unicef.org/media/68281/file/IYCF-Programming-COVID19-Brief.pdf)

*IYCF counselling package in the context of COVID-19*

[www.advancingnutrition.org/news-events/2020/04/24/infant-and-young-child-feeding-recommendations-when-covid-19-suspected-or](http://www.advancingnutrition.org/news-events/2020/04/24/infant-and-young-child-feeding-recommendations-when-covid-19-suspected-or)